THE MENKES CLINIC AND SURGERY CENTER

We are a state-of-the-art AAAHC certified outpatient surgery center across from El Camino Hospital. We specialize in treating skin disorders and skin cancers, as well as cosmetic surgery. We offer today's proven technologies and minimally invasive techniques. Our procedures are performed with local anesthesia and mild sedation. Our patients are always comfortable, safe, and begin recovering the moment their procedure is complete.

Our staff includes board certified doctors, registered nurses, medical assistants, aestheticians and patient care coordinators who provide a team approach in caring for our patients. Our patient relationship extends all the way from the initial consultation through comprehensive follow-up exams. We offer advice on how to keep your skin healthy and maintain your natural look through a personally designed skin care program.

We invite you to visit us online to learn more about our services and view additional before and after photos.





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EYELID REJUVENATION

See yourself through younger eyes



EYELID REJUVENATION

THE PROCEDURE

As you age, the supporting muscles of your eyelids may weaken. Excess fat may collect in the skin above and below the eyelids causing: drooping of the upper lids and bagginess beneath the eyes.

In addition, sagging skin around the eyes can sometimes negatively affect a person's vision by blocking the pupil of the eye.

Blepharoplasty, or eyelid surgery, is an effective procedure that will repair the eyelids by removing excess skin, muscle and fat. The eyelids will appear younger and more alert.

Eyelid rejuvenation may be an option if you have:

- Saggy or puffy upper eyelids
- · Excess skin of the upper eyelid
- Bags beneath the eyes
- Excess skin on lower eyelids

Eyelid surgery has little bruising and a rapid recovery





WHY THE MENKES CLINIC

- Dr. Menkes has thirty years experience as a dermatologic surgeon
- Performed thousands of facial surgical procedures
- On-going commitment to continuing education in the latest state-of-the art technologies
- Proven natural results among patients
- Caring, comprehensive post-operative follow-up visits by the doctor
- AAAHC/Medicare certified surgery center on-site





Lower eyelid surgery does not require cutting









Eyelid surgery is performed under a local anesthetic

PATIENT COMFORT

At The Menkes Clinic, eyelid surgery is performed under a **local anesthetic**. We sedate our patients, but we don't put them to sleep. Our top priority is to ensure that our patients are comfortable and pain-free during the procedure. In addition our eye rejuvenation technique has a minimal amount of post-operative discomfort. The procedure usually takes less than two hours.

LOCAL ANESTHETIC

With a local anesthetic, the moment your surgery is completed, your body begins to heal. Here are some benefits of a local anesthetic:

- Enhanced safety
- · Decreased bruising and swelling
- Rapid recovery with less downtime—an average of 5-7 days
- · Minimal post-operative discomfort

I wanted to personally thank everyone for making my procedure an overall great experience. More important, you far exceeded my expectations relating to my results. To say the outcome is amazing is an understatement.

Schedule your Complimentary Consultation for a cosmetic procedure or surgery today by calling 650.962.4600 or visit us online at www.menkesclinic.com